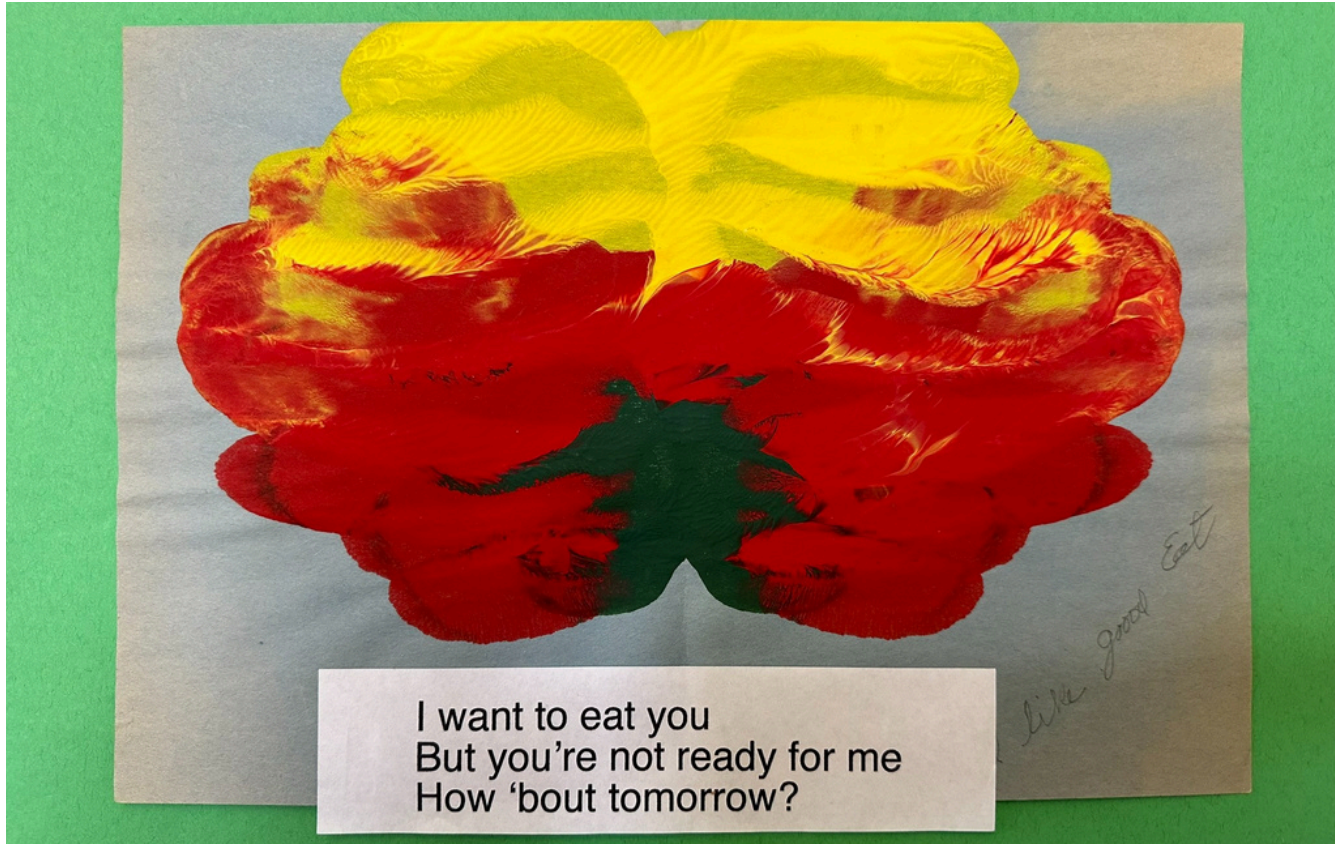


I WANT TO EAT YOU

HARRIET WINOGRAD



I want to eat you. – artist unknown

I am an art therapist who works with elderly clients in assisted living. My goal is to have my students get in touch with their creativity. I constructed an exercise that has become a favorite with my groups. I call it "Rorschach/Haiku". For the Rorschach part you put different colors of paint on a piece of construction paper. Then you fold the paper in half and press the outside to smush the colors. Once opened, you have a perfectly symmetric painting. I then ask what it looks like to them. They can turn it in all directions. I then explain about Haiku - a short Japanese poetic form that consists of three lines, with five syllables in the first line, seven in the second and five in the third. I loved that the woman who did this dropped the "a" from "about" so that she would have a true Haiku.
